

## About Me

Dedicated and experienced Medical doctor with expertise in Occupational health, Medical emergency and General Practice. Proven track record in diverse clinical settings.

As a dedicated and compassionate medical professional, I bring a wealth of knowledge and experience to the healthcare field. With a strong educational background in medicine and hands-on experience in various healthcare settings, I am well-equipped to provide exceptional patient care.

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## Skills

- Emergency Doctor
- Trauma Management
- Medical/Physical Examination Skills
- Patient Management
- · Occupational health and safety regulations
- Workplace health assessments and risk evaluation
- · Health and safety policy development
- Medical surveillance and health education
- Emergency response planning
- Strong communication and inpersonal skills
- Problem Solving



## **Education**

#### Graduation - MBBS

Shaheed Muhtarma Benazir Bhutto Medical University Larkana, CMC (2013 - 2019)

#### Intermediate

Govt. Degree College, Jacobabad (2010 -2012)

#### Secondary

Gul Model Science College, Jacobabad (2008 - 2010)

# Work Experience

**Occupational Health Physician** United Energy Pakistan Limited (UEPL) via Unique **Engineering and Company** 03-Jun-2024 to 31-Aug-2024

- Conducted health assessments and provided medical care to employees
- Developed and implemented occupational health policies and procedures
- · Collaborated with management to ensure a safe working environment
- · Provided training on health and safety protocols

### Medical Officer - Emergency Ward **Jamal Noor Hospital**

1.5 year

- Managed emergency cases, including trauma, cardiac, and respiratory emergencies and Pain management
- Conducted initial assessments, diagnoses, and treatments
- Coordinated with specialists for further care
- Maintained accurate patient records

#### Medical Officer - General Medical and Surgical Ward **Jamal Noor Hospital** 6 Months

- Provided primary care to patients with various medical and surgical conditions
- Conducted rounds, examined patients, and prescribed medications
- · Assisted in surgical procedures
- Maintained patient charts and reports

**Medical Officer - COVID Isolation Civil Hospital Jacobabad.** 6 months

- · Managed COVID-79 patients, including diagnosis, treatment, and monitoring.
- Ensured infection control measures and protocols.
- Coordinated with hospital staff for patient care.
- Conducted contact tracing and epidemiological investigations.
- Collaborated with public health authorities.
- Participated in COVID-79 response team meetings.
- Developed and implemented COVID-79 treatment protocols.

## Expertise

- Clinical skills in
  Emergency Medicine
- General Practice
- Occupational Health
- Strong communication
- Patient care skills
- Proficient in CPR and basic life support

## Language

- Sindhi
- Urdu
- English

#### House Job

#### Dr. Ruth KM Pfau Civil Hospital Karachi

2019-2020

- Rotated through various departments:
- Medical Unit/Ward
- Surgery Unit/Ward
- Psychiatry Ward/Unit
- Ophthalmology Ward/Unit
- Gained hands-on experience in diagnosis, treatment, and patient management.
- Developed clinical skills and decision-making abilities.
- Participated in ward rounds and case presentations.
- Conducted patient history-taking and physical examinations
- Developed and presented patient care plans.

#### **Professional Development**

- Workshop on CPR and Choking, Professional Development Center (PDC), Dow Medical University of Health and Sciences
- Basic Clinical/ICU Skills, Professional Development Center (PDC), Dow Medical University of Health and Sciences

#### **Certifications/Licenses**

• MBBS degree registered with Pakistan Medical Commission