

## DR NARESH KUMAR

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LOCATION KARACHI

## **SKILLS**

- \*IV CANNULIZATION
- \*FOLEYS CATHETERIZATION
- \*ABGS SAMPLING
- \* NASOGASTRIC TUBE

### **LANGUAGES**

- \*ENGLISH
- \*SINDHI
- \*URDU

#### CERTIFICATES

- \*TB CASE MANAGMENT
- \*BASIC SCIENCE AND
- CAREER ADVACEMENT
- \*CARDIAC DISEASE IN
- **PREGNANCY**

#### **HOBBIES**

- \*MOVIES
- \*MUSIC
- \*POETRY
- \*COOKING

## **SUMMARY**

To seek and maintain full-time position that offers professional challenges utilizing interpersonal skills, excellent time management and problem-solving skills. Organized and dependable candidate successful at managing multiple priorities with a positive attitude. Willingness to take on added responsibilities to meet hospital goals. Hardworking and passionate job seeker with strong communicational skills and patient orientated focuses. Ready to help along with hospital faculty and staff for a better future.

## **WORK HISTORY**

\*Intern Doctor (HOUSE OFFICER) LYARI GENERAL HOSPITAL KARACHI KARACHI - July 2022 - June 2023

- Strengthened communication skills through regular interactions with others.
- Resolved problems, improved operations and provided exceptional service.
- Applied effective time management techniques to meet tight deadlines.
- Used critical thinking to break down problems, evaluate solutions and make decisions.
- Demonstrated strong organizational and time management skills.
- Worked flexible hours across night, weekend and holiday shifts.
- Adaptable and proficient in learning new concepts quickly and efficiently.
- During my house job rotations I have worked in following departments.

SURGERY, MEDICINE, UROLOGY, PSYCHIATRY, ENT.

\*Resident Medical Officer (RMO) JIQ CENTER AGRA TAJ LYARI KARACHI September 2022 - January 2023

- Worked flexible hours across night, weekend and holiday shifts.
- Demonstrated respect, friendliness and willingness to help wherever needed.
- Strengthened communication skills through regular interactions with others.
- Identified issues, analyzed information and provided solutions to problems.
- Paid attention to detail while addressing patients.

# \*MEDICAL OFFICER /MASTER TRAINEE (INFECTION PREVENTION AND CONTROL) IPC AT INDUS HOSPITAL AND HEALTH NETWORK SANGHAR

(30AUGUST 2023 - PRESENT)

\*Developed powerful communication, presentation and delivering skills.

\*Provided education and training to hospital staff and doctors about infection prevention and control.

\*Basic identification of disease processes it's mode of transmission and chain of infection.

\*Assessed current infection prevention measures at facilities that provides healthcare services to patients and made recommendation where gap were identified.

\*Physical demonstrations of PPE kit and other preventive tools on mobile van unit (MVU) of IPC for better understanding and to reduce healthcare associated infection in hospitals.

\*Worked with youth champions to provide basic concept of infection prevention, control and other communicable diseases to community through outdoor sessions and provided knowledge about hand hygiene and other preventive measures to reduce infection ratio.

\*Worked on hospital waste management, provided education on types of waste in hospitals and their segregation to hospital staff and formed IPC committee to look after hospital waste management policies and other preventive measure in hospitals.

## **EDUCATION**

\*MBBS (BACHELOR OF MEDICINE AND BACHELOR OF SURGERY)
\*DOW MEDICAL UNIVERSITY OF HEALTH SCIENCE KARACHI
(FEB2017-FEB2022)

\*INTERMEDIATE (MAY 2013-MAY 2015) (KAINAT PUBLIC COLLEGE UMERKOT)

## **INTEREST**

\*I HAVE KEEN INTEREST IN EMERGENCY MEDICINE AND WANT TO PURSUE MY CAREER IN THIS FIELD FURTHER.